
















## Taber Parent Link Centre & Barons-Eureka-Warner FCSS

[www.bewfcss.ab.ca](http://www.bewfcss.ab.ca)  
[www.parentlinkalberta.ca](http://www.parentlinkalberta.ca)

4809 -60 Ave Taber Christian School - Phone 403-223-7230

*Serving the Town & MD of Taber*



OFFICE LOCATION	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Taber Health Centre</b> 4326 50 Ave. East Wing	2	3	4	5	6	7
<b>Parenting &amp; Family Coaches:</b> <b>Kim Forchuk</b> 403-223-7230 ext: 2762 <a href="mailto:Kim.forchuk@ahs.ca">Kim.forchuk@ahs.ca</a> <b>Jackie Fiorino</b> 403-223-7230 ext: 2739 <a href="mailto:Jackie.fiorino@ahs.ca">Jackie.fiorino@ahs.ca</a>	9	<div style="border: 2px solid orange; border-radius: 15px; padding: 10px; text-align: center;"> <p><b>Roving Gym</b> <b>Grassy Lake</b> <b>October 17<sup>th</sup></b> <b>5:30 pm</b></p> <p>Come out for supper and a fun night of jumping, climbing and playing on the Roving Gym! For more information or to register, contact Lorry Vanden Dungen Five by Five Early Years Coalition at 403-654-7263.</p>  </div>	 <b>Kids: Why They Do What They Do</b> 6:30-8:30 pm <b>Taber Health Centre</b>	 <b>Infant Massage</b> 10:00-11:30am <b>Taber Health Centre</b>	<b>No Program</b>	
			11	 <b>Kids: Why They Do What They Do</b> 6:30-8:30 pm <b>Taber Health Centre</b>	 <b>Infant Massage</b> 10:00-11:30am <b>Taber Health Centre</b>	<b>Stay &amp; Play</b> 9:30-11:30am <b>Taber Christian School</b>
 <b>Baby &amp; Me</b> 10:00-11:30am <b>Taber Hospital</b>	18		 <b>Kids: Why They Do What They Do</b> 6:30-8:30 pm <b>Taber Health Centre</b>	 <b>Infant Massage</b> 10:00-11:30am <b>Taber Health Centre</b>	<b>No Program</b>	
 <b>Baby &amp; Me</b> 10:00-11:30am <b>Taber Hospital</b>	25		 <b>Kids: Why They Do What They Do</b> 6:30-8:30 pm <b>Taber Health Centre</b>	 <b>Infant Massage</b> 10:00-11:30am <b>Taber Health Centre</b>	<b>Stay &amp; Play</b> 9:30-11:30am <b>Taber Christian School</b>	
 <b>Baby &amp; Me</b> 10:00-11:30am <b>Taber Hospital</b>	30		<p><b>English Language Learners Resource Fair</b> October 25, 2017</p>			

## **Barons-Eureka-Warner FCSS** **Parent Link Centre**

Barons-Eureka-Warner Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs. These programs are funded by provincial and municipal governments. There is minimal or **NO CHARGE!**



### **TRIPLE P** **POSITIVE PARENTING PROGRAM**

The Triple P Parenting Program is an internationally recognized parenting program which promotes positive caring relationships between parents and their children. This program helps parents develop effective strategies for dealing with a variety of behaviours and common developmental issues.

**Stepping Stones Primary Care** is a program for parents with children who have a disability that incorporates active skills training process to help parents acquire new knowledge and skills. This program is geared for parents with a specific concern about their child's behaviour (ages 0-12). Parents meet with a trained Triple P Practitioner, share their struggles and work on a parenting plan that is tailored to the family's needs.

[www.alberta.triplep-staypositive.net](http://www.alberta.triplep-staypositive.net)

Kim Forchuk & Jackie Fiorino  
403-223-7230

## **Stay and Play**

Stay & Play is a valuable program for parents and children (birth to 5-year-old) to attend together. There is no charge and registration is not required. Come drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

### **A Typical day at Stay & Play:**

Free Play-Snack-Circle Time-Messy Play-Tidy Up Time

### **Wednesday in Barnwell and**

**Fridays at Taber Christian School**

**9:30-11:30am**



## **COUNSELLING**

Barons-Eureka-Warner FCSS Family Counsellors are available for counseling services

Monday through Friday.

Please call to make an appointment.

Karen Lanser or Bryan Bullock 403-223-7230

## **ASQ Developmental Check-up**

Complete a short questionnaire about the growth and development of your child. Results of the check-up will be shared with you. Receive fun activity ideas on how to promote typical development

**Place:** East Wing of Taber Health Centre,

**Ages 2 months-60 months.**

**Please call Kim or Jackie 403-223-7230**

## **Parent Preschool Program of South Western Alberta**

Parent Preschool offers a free, stimulation education program for your child(ren), as well as an informative and exciting speaker program for parents/caregivers.

**Who:** children 16 mths-5 yrs and their Parents/caregivers

Program runs from September to March

Village of Barnwell, 500 - 2<sup>nd</sup> Street West

To Register e-mail @

[www.parentpreschoolprogram.weebly.com](http://www.parentpreschoolprogram.weebly.com)



## **INFANT MASSAGE**

Would you like to learn how massage can benefit you and your baby? Research shows that touch is essential for healthy growth and development. In this 5 week course, you will learn the special massage strokes that can benefit both you and your baby.

**Date: Thursday's Sept 28-Oct 26, 2017**

**Time: 10:00 - 11:30 am**

**Location: East Wing of Taber Health Centre**

Call to register: **Kim or Jackie 403-223-7230**



## **Baby & Me**

This five week class is a great opportunity for parents of children newborn to 18 months to learn about the rewards and challenges of parenting. Bring your baby and join us in an idea sharing time. It is a great way to address concerns, gather information and make new friends. (5 weeks)

**Date: Monday's October 16-December 4, 2017**

**Time: 10:00 am -11:30am**

**Location: Taber Hospital North Side Entrance  
(Near Emergency)**

Call to register: **Kim or Jackie 403-223-7230**



## **Kids: Why They Do What They Do**

This course will help shed some light on why some children tend to be bossy, controlling and demanding; why they like to take center stage or are compelled to take charge. It will help us understand why these children often have difficulty taking direction and therefore resort to aggression. This course will help to understand these attributes and what parents can do to assist their children and preserve their relationship.

**Date: Wednesday, Oct 4, 11, 18 & 25, 2017**

**Time: 6:30-8:30 pm**

**Location: East Wing of Taber Health Centre**

Call to register: **Kim or Jackie 403-223-7230**

With support from Provincial and Municipal governments, all services are available at minimal or no cost to residents. [www.bewfcss.ab.ca](http://www.bewfcss.ab.ca)

Please be advised that information and programs on calendars are subject to change without notice.

Please refer to the Facebook page or website ([www.bewfcss.ab.ca](http://www.bewfcss.ab.ca)) for changes and updates especially when poor weather conditions are anticipated.