

Raymond Parent Link Centre & FCSS

(serving Raymond and County of Warner)

Located in the south end of Raymond Elementary School - Phone 403-752-4301

www.bewfcss.ab.ca

www.parentlinkalberta.ca



Parenting & Family Coach:
Nancy Keeler

Parent/Child Programmer:
Myrna Sopal

Family Counsellor:
Laura Devlin
403-752-5430
Located at the Community Health Building (Hospital)

Youth Outreach Programmer:
Stephanie Gruninger
403-752-4301

Assistant Coach:
Denise Wright

Program Support Workers
Cheryl Card, Eleanor Johansen, Kim Hardy, Marianne Fode, Joy Paxman, Susan Williams

S&P – Stay & Play
ASA – After School Adventures

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 2px solid green; padding: 10px; display: inline-block;"> Brain Awareness Week March 12th-17th (Ask for details) </div>			1	2
			Loose Parts Play 9:00-11:00am Move It, Move It & Come Build with Me 1:00-3:00 pm	S&P - 9:00-11:00 am Baby Rhyme Time 11:00am-12:00 pm ASA - noon-3pm
5	6	7	8	9
Messy Play & Music Makers - 9:00-11:00 am Magical Monday 2:00-3:15 pm	Infant Massage 10:00-11:00 am	Wacky Wednesday 9:00-11:00 am Stay & Play 1:00-3:15 pm	Loose Parts Play 9:00-11:00am Move It, Move It & Come Build with Me 1:00-3:00 pm	S&P - 9:00-11:00 am Baby Rhyme Time 11:00am-12:00 pm ASA - noon-3pm
12	13	14	15	16
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19	20	21	22	23
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26	27	28	29	30
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With support from Provincial and Municipal governments, all services are available at minimal or no cost to residents.

Please be advised that information and programs on calendars are subject to change without notice.

Please refer to the Facebook page or website (www.bewfcss.ab.ca) for changes and updates.

FCSS

Raymond Parent Link Centre

Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs. These programs are funded by provincial and municipal governments. There is minimal or **NO CHARGE!**

FAMILY COUNSELLING – FCSS

FCSS Family Counsellor is available for counselling services
Monday through Friday 8:30 – 4:30 pm.
Contact Laura at 403-752-5430 ext 4316 or email Laura.Devlin@bewfcss.ab.ca

MESSY PLAY & MUSIC MAKERS

We are excited to offer this class, it will be a great start to the week for families.

Shhh! don't tell anyone, we are really building little brains through music, movement and sensory play.

Mondays, 9:00-11:00 am (Registration Required)

Magical Monday Afternoons

Come spark your child's imagination with an hour of fantasy, creativity and wonderful stories.

For you and your children ages 0 - 5.

Drop In – Mondays, 2:00 - 3:15 pm.

Wacky Wednesday

Play with a twist. Come see what is wacky here at the Parent Link Centre each Wed. morning. Play with your child and help them find what's wacky too! Fun for everyone!

Wednesdays, 9:00-11:00 am (Registration Required)

LOOSE PARTS PLAY

When loose parts are introduced to infants and toddlers, rich, magnificent explorations transpire. Astonishing learning and unexpected capabilities are revealed as the youngest of children make sense of their world. (Loose Parts2; LizaDaly, Mirian Beloglovsky)

Thursdays, 9:30-11:00 am (Registration Required)

Move It, Move It & Come Build with Me

This program is just a *hop*, *skip* and a *jump* away as we have fun with movement and balance, stacking and creativity. Check it out!

Thursdays, 1:00- 3:00 pm (Registration Required)

Baby Rhyme Time

Building your baby's foundation for learning through rhythm and rhyme, movement and beat as we explore the world of music.

Drop in program for families with children under 2 years of age. Childcare provided for older children.

Drop In – Fridays, 11:00 to 12:00

Infant Massage

Would you like to learn how massage can benefit you and your baby?

Research shows that touch is essential for healthy growth and development. In this 5 week course, you will learn the special massage strokes that can benefit both you and your baby. Connection, relaxation, and happy times for mom and baby!

Tuesdays, February 27 – March 27

10:00 - 11:00 am

To register, please call 403-752-4301



Honor Library

Borrow a book, read, and return at your leisure.

"You may have tangible wealth untold; Caskets of jewels and coffers of gold. Richer than I you can never be--I had a Mother who read to me." Strickland Gillilan

STAY & PLAY (S&P)

Stay & Play is a valuable program for parents and children (birth to 5 years old) to attend together. There is no charge and registration is not required.

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

Come drop in and see what we're all about!

A Typical day at Stay & Play:

Free Play –Circle Time- Snack- Messy Play- Tidy Up Time- Time to Go
Please join us!

Wednesday, 1:00-3:15 pm

Friday, 9-11:00 pm

AFTER SCHOOL ADVENTURES

Meet to eat lunch (bring your own).

Who: Children ages 8-11
When: Fridays, 12:00 pm – 3:00 pm
Where: Parent Link Centre
What: Gym time, crafts/cooking, FUN!!

**Permission slip signed by parent is required before your child can attend. You can pick up a form at the Parent Link Centre.*

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